# Photodynamic Therapy

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# **Overview**

 Basically, photodynamic therapy (PDT) is the use of light activated compounds, known as photosensitizers, to kill target cells.

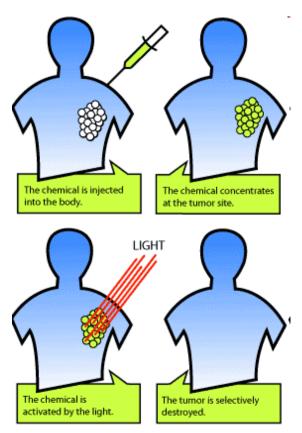


Image from: <u>www.photochembgsu.com/applications/</u> <u>therapy.html</u>

## Why is it important?

- It provides an alternative treatment for cancer
- It is efficient for treating skin conditions, such as acne
- It could overcome drug-resistant bacteria and treat fungal, viral and parasitic infections

# Where do optics come in?

- In the activation of the photosensitizer
- In light's interaction with the tissues of the body

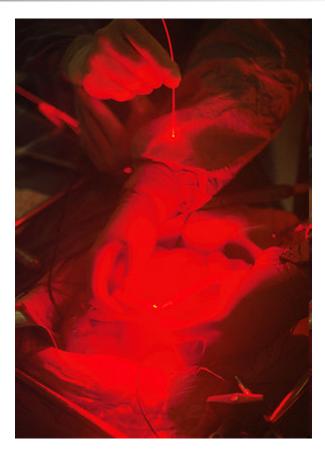
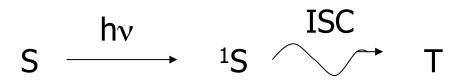


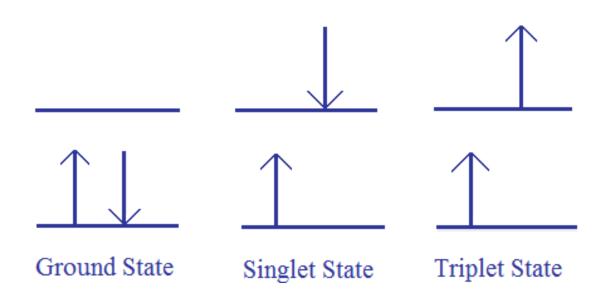
Image from: <u>www.answers.com/topic/photodynamic-therapy</u>

#### **Activation of Photosensitizer**



- S: molecule of photosensitizer
- hv: energy of applied light
- IS: molecule in singlet state
- ISC: intersystem crossing
- T: molecule in triplet state

#### **Activation of Photosensitizer**



#### **Activation of Photosensitizer**

• Type I T  $\longrightarrow$  S<sup>-</sup> + A<sup>+</sup>

• Type II T +  ${}^{3}O_{2} \longrightarrow S + {}^{1}O_{2}$ 

 The ion (A<sup>+</sup>) and the singlet oxygen (<sup>1</sup>O<sub>2</sub>) cause cell death

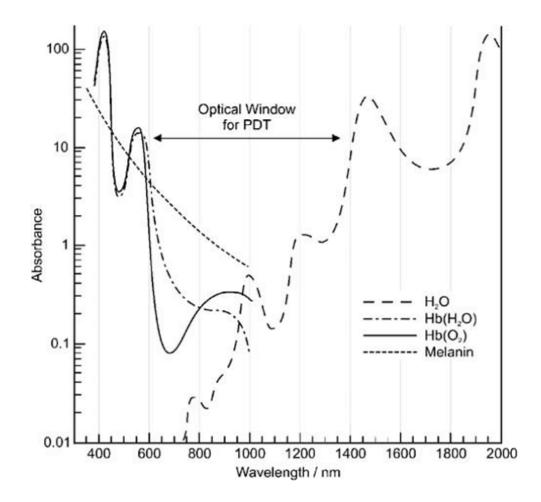
### Light's Interaction with Tissue

- Light interacts with tissue in four different ways
  - Reflection
  - Refraction
  - Scattering
  - Absorption

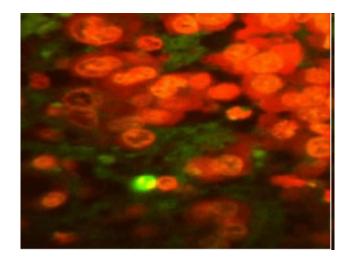
# Light's Interaction with Tissue

- Intensity at a given depth (x)
  - $I_x = I_0 e^{-(a_{abs} + a_{sca})x}$ 
    - I<sub>0</sub>: intensity at tissue surface
    - a<sub>abs</sub>/a<sub>sca</sub>: absorption and scattering coefficients
    - I<sub>x</sub>: intensity at given depth
- $\blacksquare$  Effective penetration depth is where  $I_{x}$  is 37% of  $I_{0}$

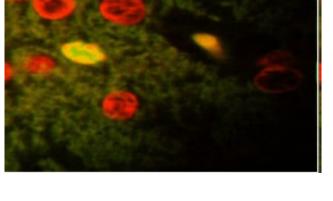
#### Light's Interaction with Tissue



# **Applications: Cancer Treatment**



# Cancer cells 24 hours after treatment

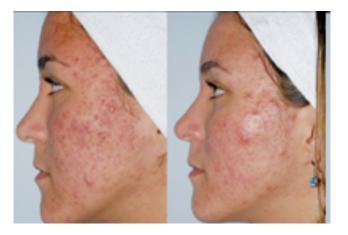


Cancer cells 72 hours after treatment

Images from: www.xytos.com/biotech how.htm

# **Applications: Acne Treatment**





Male: Before and after one month of three sessions Female: Before and after one month of three sessions

Images from: www.modernmedicine.com/.../Article/detail/562921



# Thank you!